Dance: *Trapsprung* (Grade K–2)

*Trapsprung, 2013, Lynette Yiadom-Boakye*

Find online at: [https://tinyurl.com/us2s8ka](https://tinyurl.com/us2s8ka)

**LOOKING QUESTIONS**
First, look at the artwork. Don't do anything else but look until you've counted to 20 in your head or out loud!
Then talk about it with a friend or family member.
- What's going on in this image?
- What do you think the person in this picture is doing? What do you see that makes you say that?
- Try to pose or stand like this figure. Make sure you have enough space. Is it hard to pose like this? How long can you hold this pose for?

**INFORMATION**
Does this painting make you want to dance?! Artist Lynette Yiadom-Boakye paints her artworks, like this one, in a single day based on her memory or imagination. Its sense of movement may make you want to join in and move!

**MOVEMENT ACTIVITY: FREEZE DANCE**
- Pick one of your favorite songs and have a family member or friend begin playing it. Dance around to the music! Move all parts of your body from your fingers to your toes.
- Have your family member or friend press pause randomly to surprise you!
- When the music stops, freeze! You've just struck a pose! Hold it until the music starts playing again.
- Press play on the music and pause again when you're ready to strike another pose. This time try something different.
- Repeat!
KEEP LEARNING WITH A STORY

I Got the Rhythm, by Connie Schofield-Morrison (PK–1)
Follow a young girl as she feels the rhythm everywhere in her city.
- Hear the book read out loud here: https://tinyurl.com/ybnikcoe
- Borrow the e-book on the King County or Seattle Public Library websites.

Hip Hop Lollipop, by Susan McElroy Montanari (PK–2)
Groove along with Lolli as she just can’t stop dancing—even while getting ready for bed!
- Hear the book read out loud here: https://tinyurl.com/vd5pckms
- Borrow the e-book on the Seattle Public Library website.

ART ACTIVITY
Create a sculpture of a person out of aluminum foil! (You can ask a grown-up to help with this part.)

Materials
A piece of aluminum foil and scissors

Steps
1. Cut slits in the foil: One on the bottom for the legs and two at the top for the head and arms.
2. Squeeze the middle of the foil to make the waist.
3. Squeeze each leg and arm to make more of a cylinder shape.
4. Crunch in the foil on top to make a head.

When you are done, shape it into the pose of your favorite dance move! Remember how it feels to move like this every time you look at it!